

Info sheet on isolation in Saxony

As of: 22 November 2021

What to do¹ if you suspect infection with the SARS-CoV-2 corona virus, have a positive test result, or are a close contact person?

1. IF AN INFECTION IS SUSPECTED

Your self-test (without supervision) was positive or you have COVID symptoms and have made a PCR test?

- You must remain at home (i.e., isolate yourself).
- You may leave your home or accommodation only if you need medical assistance (inform the doctor's office that you suspect you have an infection).
- If you live together with other people, avoid them as far as possible.
- You may not receive visitors who are not part of your household.
- Please inform your employer that you have a suspected corona virus infection.

If the PCR test is negative, the isolation ceases immediately. Save the negative test result. If the PCR test is positive, you must remain in isolation (see: *2. positive test result*).

2. IN THE EVENT OF A POSITIVE TEST RESULT:

- You must stay at home (i.e., isolate yourself) for at least 14 days. If you still have symptoms, the isolation period is extended.
- You are allowed out only if you have to go to the doctor.
- If you live together with other people and also have had close contact with them in the last two days, you must inform them immediately that you are positive and they must also stay at home (see: *3. Contact persons*).
- Also inform anyone else (including vaccinated and recovered people) with whom you had contact two days before the test or occurrence of your symptoms. All of these people should be tested on the 4th or 5th day after contact with you. This can be done in a test centre.
- Avoid being close to people in your home so that you do not infect them.
- Tell your employer or, if applicable, the school.
- Activate the Corona Warning App and share your test result.
- If you have been fully vaccinated and have no symptoms, you can have a PCR test on day 5 or do a rapid antigen test on day 7 at a test centre. If the test is negative, your isolation is over. Keep the test result in case the health authorities want to see it.

3. IN CLOSE CONTACT WITH A PERSON WHO HAS TESTED POSITIVE (contact person):

- If you live with someone who has tested positive, you are a contact person (household member). You must stay at home (isolate yourself) if you are not fully vaccinated or recovered (i.e., PCR test not older than six months).
- Your isolation starts on the first day after contact and ends after 10 days if you do not also test positive or have symptoms yourself by then.
- Tell your employer or, if applicable, the school. You can give the information from the health authorities as proof to the person you live with who tested positive.
- You are allowed out only if you have to go to the doctor or have a test.
- You can be tested on day 7 by PCR test or rapid antigen test to stop isolation before then. This can be done in a test centre. Keep the test result in case the health authorities want to see it.
- All people who have had contact with someone who has tested positive (or received a warning via the Corona warning app) and are not isolated should get tested on the 4th or 5th day after contact and meet only very few people until then.

You can obtain more information here: Website of your district or city and <http://www.coronavirus.sachsen.de>.

Your support is very important now so that we can stop the pandemic together.

¹ according to the general ruling on isolation from close contacts, persons with a suspected infection, and persons tested positive for the corona virus in your district or municipality in the Free State of Saxony – see relevant internet portal.